Social Media Post Template

[School Name] is dedicated to student mental health, especially knowing that mental health concerns often first appear between the ages of 18 and 25.

That's why our students, faculty, and staff will receive access to an online training called SOS for Higher Ed that everyone how to recognize signs of suicide risk and then ACT (Acknowledge, Care, Tell) accordingly.

We encourage everyone on campus to take 30 minutes to learn these lifesaving skills.

[If your audience is accessing the course through the MindWise platform, include the instructions below. If using your campus LMS, insert instructions accordingly.]

- Visit mindwise.digitalchalk.com and click "Create Account"
- Enter name, school email address, and chosen password, click "Create"
- Copy and paste or type redemption code [insert your redemption code] (no spaces before or after) and click "Next"
- View the dashboard and select the SOS for Higher Ed course that fits your role.

*Pair with the social graphics in our templates section