

SOS FOR SCHOOL STAFF: SUICIDE PREVENTION FOR K-12 SCHOOL PERSONNEL

With the sunset of Kognito's suicide prevention program, MindWise's SOS for School Staff is an affordable and effective training replacement for every adult in your school.



	SOS for School Staff	Kognito At-Risk Mental Health for Faculty & Staff Programs		
	All K-12 Adults	Elementary School Educators	Middle School Educators	High School Educators
About	<p>A self-guided online suicide prevention training designed to give every adult in your K-12 schools the skills to identify and support students at risk.</p> <p>The training uses video and interactive learning to teach adults the ACT (Acknowledge, Care, Tell) framework and what to do if they have concerns about a student.</p>	An interactive role-play simulation for elementary school educators that builds awareness, knowledge, and skills about mental health, and prepares users to lead real-life conversations with students, parents, and caregivers about their concerns and available support.	Online gatekeeper training simulations designed to prepare teachers, administrators and staff to recognize when a student is exhibiting signs of psychological distress, and manage a conversation with the student with the goal of connecting them to the appropriate support.	Online gatekeeper training simulations designed to prepare teachers, administrators and staff to recognize when a student is exhibiting signs of psychological distress, and manage a conversation with the student with the goal of connecting them to the appropriate support.
Cost	\$	\$ \$ \$	\$ \$ \$	\$ \$ \$
Delivery Time	1 hour	1 hour	1 hour	1 hour
Real-Time Feedback	<p>Yes</p> <p>Based on learning selections in the course</p>	<p>Yes</p> <p>Based on in-simulation choices</p>	<p>Yes</p> <p>Based on in-simulation choices</p>	<p>Yes</p> <p>Based on in-simulation choices</p>
Evidence-Based	<p>Evidence-informed</p> <p>Program evaluation is currently underway. SOS for School Staff is based on the evidence-based youth suicide prevention program, SOS Signs of Suicide.</p>	Evidence-based	Evidence-based	Evidence-based

	All K-12 Adults	Elementary School Educators	Middle School Educators	High School Educators
Key Learnings	<ul style="list-style-type: none"> • Recognize warning signs and risk factors for suicide in children and teens • How to engage in caring and appropriate conversations with students • Steps to keep a student safe, while connecting them to qualified school staff • First-hand accounts from peers on how promoting a safe school environment can reduce suicide risk • Stories from teens on how mental health impacted their schoolwork, attendance, and 	<ul style="list-style-type: none"> • Increase knowledge and awareness about children's mental health • Identify warning signs of psychological distress • Lead conversations with a student and a parent to lay the groundwork for referral and collaboration • Discuss concerns about students with parents • Encourage students to open up and motivate their parents to access support • Understand your school's specific support services and availability. 	<ul style="list-style-type: none"> • Increase knowledge and awareness about pre-adolescent mental health and suicide • Identify warning signs of psychological distress • Increase knowledge and awareness about bullying and cyberbullying • Build skills in leading conversations with students in distress, discuss concerns, build resilience, and increase connectedness • Assess the need for referral, motivate a student to seek help, and make a warm hand-off to support • Understand your school's specific support services and availability. 	<ul style="list-style-type: none"> • Increase knowledge and awareness about teen mental health and suicide • Identify warning signs of psychological distress • Build skills in leading conversations with students in distress, discuss concerns, build resilience, and increase connectedness • Assess the need for referral, motivate a student to seek help, and make a warm hand-off to support • Understand your school's specific support services and availability.
Reporting	Yes, automatic reports track completion, no backend administration required.	Yes, reporting is available through a special Administrator Account	Yes, reporting is available through a special Administrator Account	Yes, reporting is available through a special Administrator Account
Supporting Resources	Yes, includes resources and informational materials.	Yes, includes resources and informational materials.	Yes, includes resources and informational materials.	Yes, includes resources and informational materials.

Suicide prevention programs evaluated as of May 2025.